

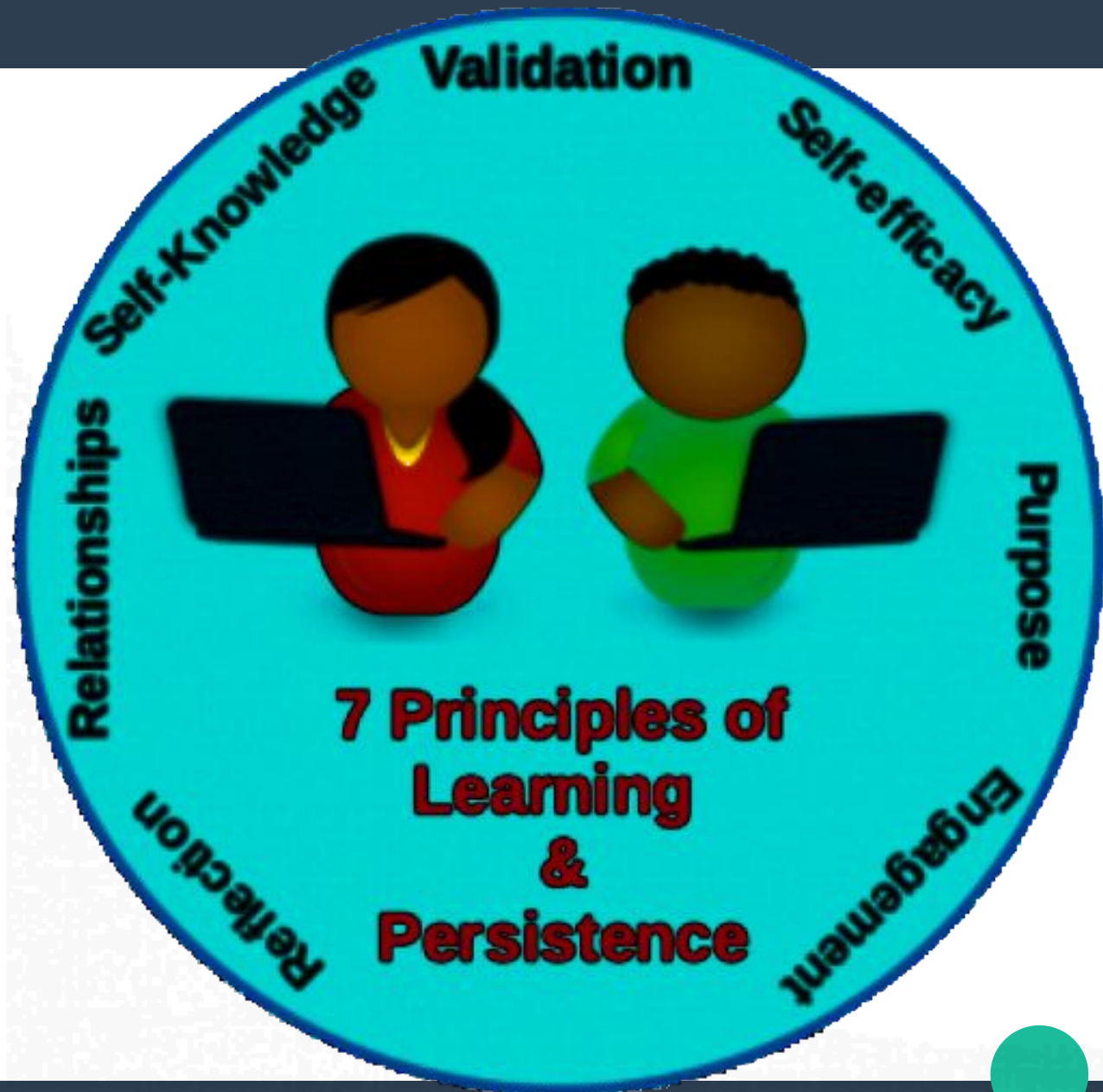


# Rubric: Applying 7 Principles to Enhance Learning & Persistence

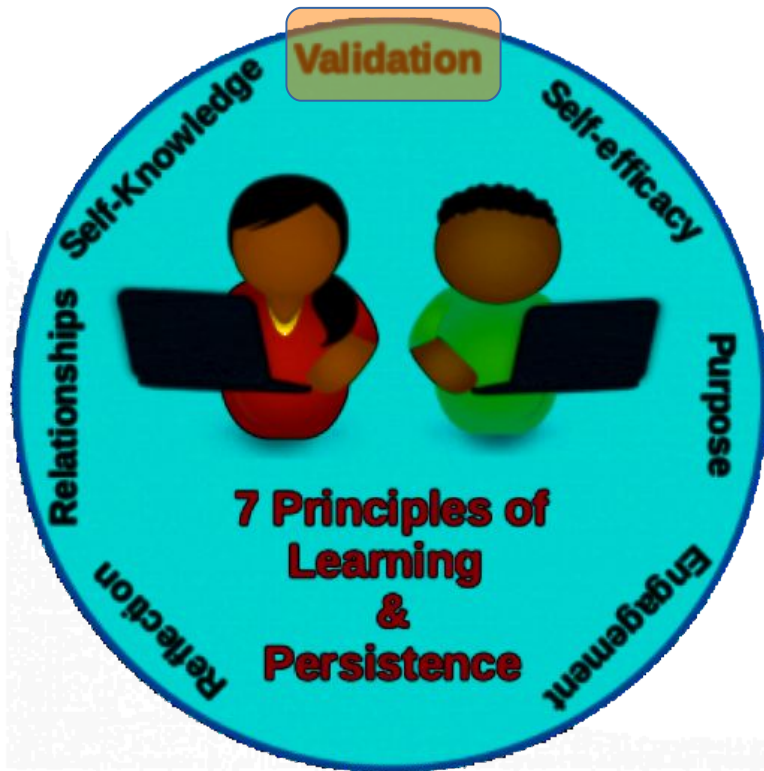


# Seven Principles of Learning & Persistence

30 years' research converges on seven effective principles for enhancing learning and persistence in higher ed. (Cuseo, 2018).



# Validation Activity



Learners want to know they belong and that they and their ideas matter.

- does the activity help to know what the learner cares about?
- helps the learner feel listened to without judgment?
- enhances the learner's awareness of their strengths?
- reinforces that the learner belongs at the institution?



# Self-efficacy, Grit, Growth Mindset

Learners thrive when they have faith that they can learn and grow.



- Does the activity reinforce growth mindset?
- Strengthens self-development?
- Challenges but does not overwhelm?
- Respects unique perspectives?
- Assists handling frustration & stress?



# Purpose



**When learners connect their purpose to their education, they are more likely to persist despite difficulties.**

- Does the activity help learners discover their purpose?
- Connect what they are learning to their purpose?
- Set goals & make plans?
- Accommodate pursuit of purpose?
- Clarify or even elevate purpose?



# Engagement & Active Learning



**Learners learn better when actively engaged in learning.**

- Is the activity relevant to purpose?
- Construct things or ideas?
- Use cooperative or collaborative learning?
- Reinforce learner's ownership?
- Allow learners to safely fail?
- Have a low floor & high ceiling?



# Reflecting & Self-coaching



**Learners learn by reflecting on experience.**

- Does the activity promote self-coaching or reflection?
- Connect experiences with prior learning?
- Explore reactions to experience?
- Critically think about the experience?
- Apply to purpose?
- Generalize?



# Social Connection & Relationships



Learners are more likely to learn & persist when they connect with others.

- Does the activity promote cooperative or collaborative learning?
- Enhance understanding of diversity?
- Connect learners in discussions?
- Improve interpersonal skills?
- Maintain faculty-learner relationship?





# Self-knowledge



**Learners learn and persist through self-regulation and self-knowledge.**

- Does activity help learners know what they know or don't and how?
- Improve self-awareness and self-regulation skills?
- Encourage metacognitive awareness?
- Develop self-assessment and self-improvement skills?

