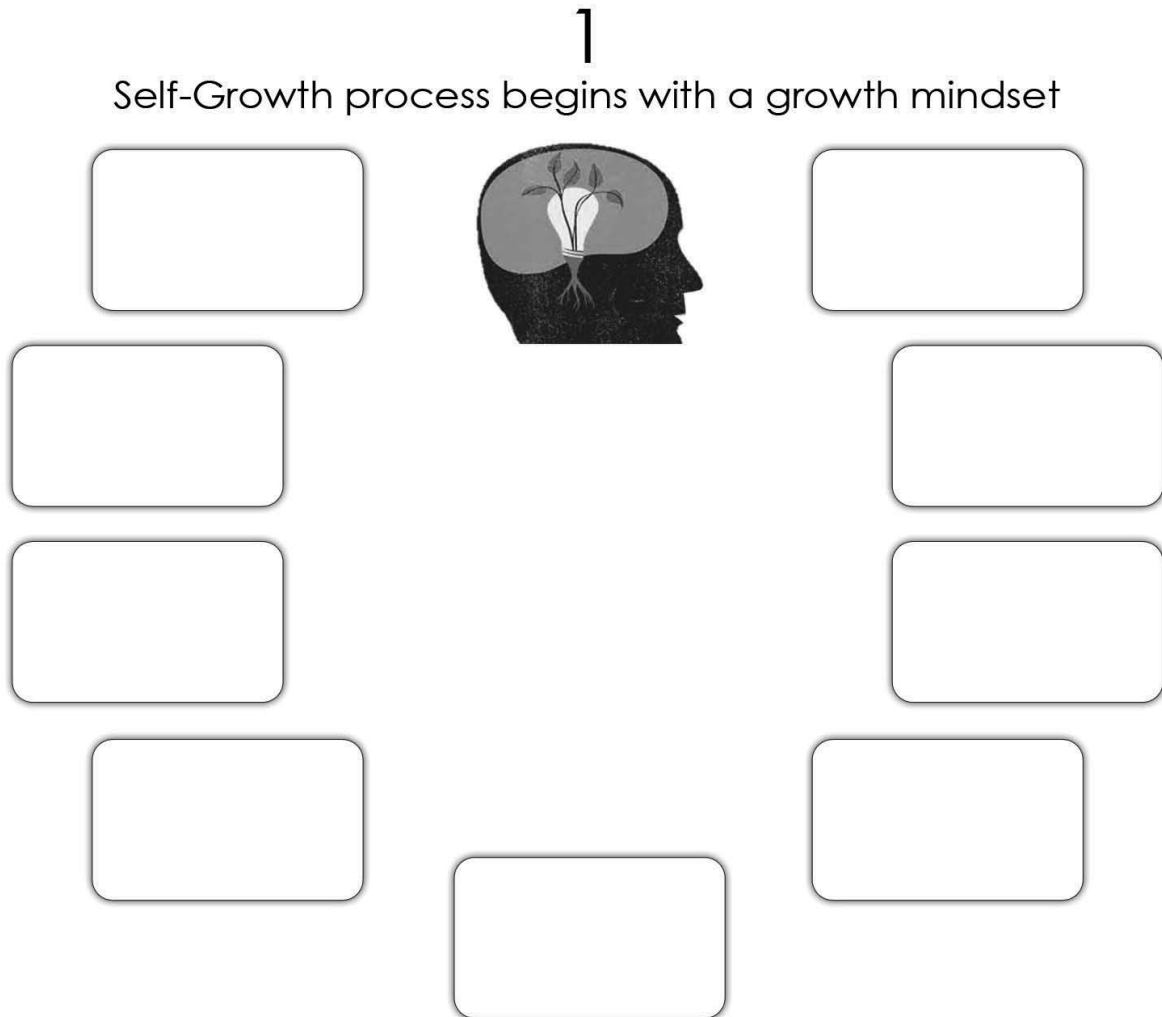


Group Activity

Figure 1 The Process of Self-Growth: Understanding the Connectivity



Group Activity Instructions (Total time 40 minutes):

1. Form groups of three and assign the roles of Captain, Scribe and Spokesperson for your group.
2. Discuss the ten components provided in Table 1 of the Proceedings (10 minutes).
3. Add/drop any components you deem necessary for self-growth and list those sequentially in the Figure provided above (10 Minutes).
4. Assign a significance value (weight) to your group's proposed components ensuring that the total adds up to 100% (10 minutes).
5. Present your group's discovery (2 minutes for each group, total time 10 minutes).
6. Turn in your completed exercise to the session chair.